

### **Work-related Musculoskeletal Disorder (WMSD)**

Musculoskeletal Disorders (MSDs) are injuries and illnesses that affect muscles, nerves, tendons, ligaments, joints, spinal discs, blood vessels, and bones. MSDs are not usually caused by acute trauma, but occur slowly over time due to repeated trauma to the soft tissues. Work-Related Musculoskeletal Disorders (WMSDs) are MSDs that are caused or made worse by work methods and environment. WMSDs can occur when the physical capabilities of the worker do not match the physical requirements of the job. The discomfort due to a WMSD often improves following medical treatment and changing work habits in order to discontinue the activities that led to the symptoms.

Filename: ERGO WMSD pop-up  
Directory: \\Fs1hq\net01\ESH\Safety\Roberta\1001.New Folder  
Template: C:\Documents and Settings\roberta\Application  
Data\Microsoft\Templates\Normal.dot  
Title:  
Subject:  
Author: roberta  
Keywords:  
Comments:  
Creation Date: 1/18/2007 11:13:00 AM  
Change Number: 3  
Last Saved On: 6/19/2007 8:39:00 AM  
Last Saved By: roberta  
Total Editing Time: 6 Minutes  
Last Printed On: 6/19/2007 9:46:00 AM  
As of Last Complete Printing  
Number of Pages: 1  
Number of Words: 0 (approx.)  
Number of Characters: 2 (approx.)